

AROMATHERAPY DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- 1) What springs to mind when you hear the word 'aromatherapy'?
- 2) What do you know about aromatherapy?
- 3) Do you think aromatherapy is a good form of medicine?
- 4) How does aromatherapy work?
- 5) What does someone have to study to become an aromatherapist?
- 6) Would you like to try aromatherapy to cure your ills?
- 7) Do you think aromatherapy could be dangerous?
- 8) Would you like to work as an aromatherapist?
- 9) How do you think aromatherapists view people who doubt aromatherapy?
- 10) Would you like to learn about aromatherapy and become your own doctor?

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STUDENT B's QUESTIONS (Do not show these to student A)

- 1) Do you know anyone who has tried aromatherapy?
- 2) What smells make you feel good?
- 3) Why are the oils used in aromatherapy called 'essential' oils? What do you think is essential about them?
- 4) Do you like the idea that aromatherapy uses natural products like lavender oil and peppermint oil?
- 5) Do you think aromatherapy could be effective for reducing stress, helping you sleep, and making you study better?
- 6) If aromatherapy works, why do you think it is not used in most of the world's hospitals?
- 7) Do you think aromatherapy can help with things like broken bones? How?
- 8) Do you think aromatherapy is just a "hippy thing"?
- 9) Do you think there are smells that are bad for our health?
- 10) What would you really like to know about aromatherapy?

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