

FEAR DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- 1) What is your biggest fear for yourself?
- 2) What is your biggest fear for the world?
- 3) Why do we feel fear?
- 4) How often do you feel afraid?
- 5) Why do people have different fears?
- 6) How do you react to fear?
- 7) How would you help someone to get over their fear?
- 8) Have you ever panicked with fear?
- 9) What happens to you physically and emotionally when fear takes hold of you / overcomes you?
- 10) How often do you jump or start when something frightens you?

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STUDENT B's QUESTIONS (Do not show these to student A)

- 1) Do you have any form of phobia or paranoia?
- 2) What were you afraid of as a child?
- 3) What things are people commonly afraid of and why?
- 4) What facial expressions accompany fear?
- 5) Do you like putting yourself in situations where you can feel fear?
- 6) Are you ever afraid of other people?
- 7) Do you think society lives in fear?
- 8) "The fear of death is to be dreaded more than death itself." What do you think about this quotation?
- 9) What do you think having a fear of the 21st century would be like?
- 10) If you 'put the fear of God into someone,' how do you think that person feels?

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